



# THE MONROE INSTITUTE®

Explore consciousness ~ Transform your life



TMI Newsletter

July 20, 2013



Photo by Gaku Yamada & Taichiro Imai, Japan

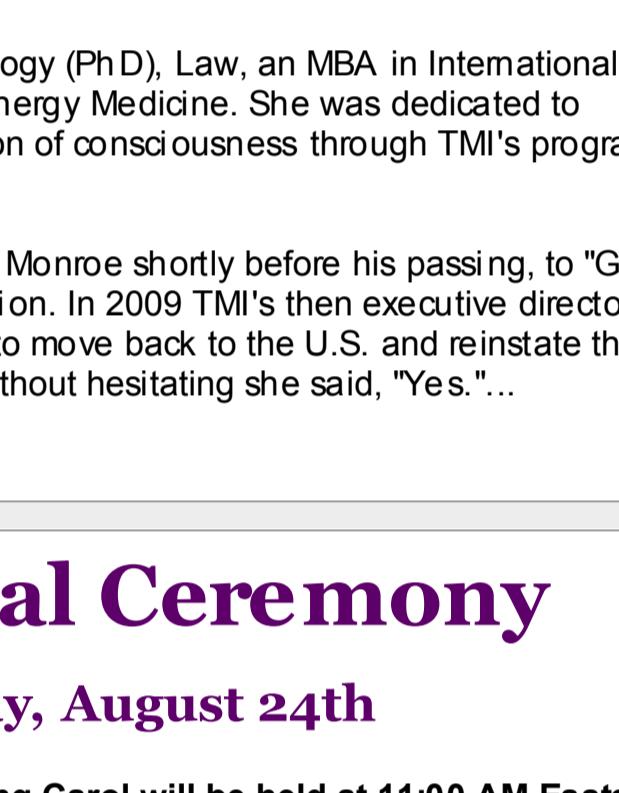
## Carol de la Herran

1944 - 2013

### Getting to Know Her

Paul Rademacher asked Carol to move back to the U.S. and reinstate the domestic Outreach program. Without hesitating she said, "Yes."

From the global to the intimately local, Carol was unconditionally committed to taking Bob Monroe's tools to wherever they were wanted and to whomever could benefit. Her activities on the world stage were obvious. Less visible was her work at a local women's shelter, where battered women became able to experience equilibrium and an unfamiliar peace. Carol rented space at a local community center, where anyone could go on a Tuesday to give or receive Reiki healing at no charge. Often she would force herself to leave TMI by 6 P.M. on Tuesdays to be there.



Carol was hands-on. No job as too messy or too small to deserve her attention. When skunks attempted to move in, Carol discovered the "skunk whisperer," a gentle man who trapped and moved the animals to a new home - without getting sprayed! Wheelchair accessible upgrades to the Nancy Penn Center was a strong intention of Carol's. Through Project Full Access TMI is now able host participants with physical disabilities.

To the staff, Carol was the leader who created a cohesive, collaborative team. She encouraged and nurtured staffers to pursue their passions in service to The Institute. She knew how to rally the troops. When financial crisis was imminent, Carol challenged the team to pull TMI back from the brink, and under her leadership they were successful.

Carol in her human form is sorely missed. TMI is moving forward from a place greater strength because of her influence.

...Carol held degrees in Psychology (PhD), Law, an MBA in International Marketing, and a doctorate of Energy Medicine. She was dedicated to helping others achieve expansion of consciousness through TMI's programs and Reiki healing.

The challenge delivered by Bob Monroe shortly before his passing, to "Get out there," became Carol's passion. In 2009 TMI's then executive director Paul Rademacher asked Carol to move back to the U.S. and reinstate the domestic Outreach program. Without hesitating she said, "Yes..."

[See full story ...](#)

### Memorial Ceremony

Saturday, August 24th

A memorial ceremony honoring Carol will be held at 11:00 AM Eastern Standard Time, August 24th, on the Nancy Penn Center campus of The Monroe Institute.

If you wish to attend please contact TMI to save a place. Email [info@monroeinstitute.org](mailto:info@monroeinstitute.org) or telephone 434-361-1500. Although lodging is not available at TMI due to programs in progress we can provide a list of lodging options. Light hors d'oeuvres will be served.

Carol's children from Europe will be with us. They are eager to meet some of Carol's TMI family members and supporters. We all look forward to celebrating Carol together.

Many of you have inquired about sending flowers or donations. Thank you! In lieu of flowers we are asking that a donation be made to one of Carol's favorite projects, the [TMI Scholarship Fund](#). She felt it was a win-win-win situation—and life changing for the recipients.



*...In 1998, she was one of the teachers of a Reiki I course I attended. Her attunement, as it is called, moved me deeply. It felt like what I had expected the Sacraments to feel like, when I was a boy. Indeed, I sometimes said it was my first experience of a Sacrament.*  
-- Frank DeMarco

*...I very well remember you in my group.. during our ORCA together...in 1999. And all those years after that picture when we strengthened our friendship...*  
-- Deborah Sachs

*...I remember our conversations about The Monroe Institute, the great potential to improve people's awareness and, the most important to me, her giving me the encouragement to become a facilitator.*

-- Daniel Chumillas

*...But Carol was too the best support for our family in times of grief, when our dearest older son was murdered. She was teacher, trainer, mentor and, finally, friend. We missed her badly since she moved to Virginia. And now, when she passed away, the feeling is stronger.*  
-- Marisol Pérez

[See the full story and photos...](#)

*At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us.*

- Albert Schweitzer

### In This Issue

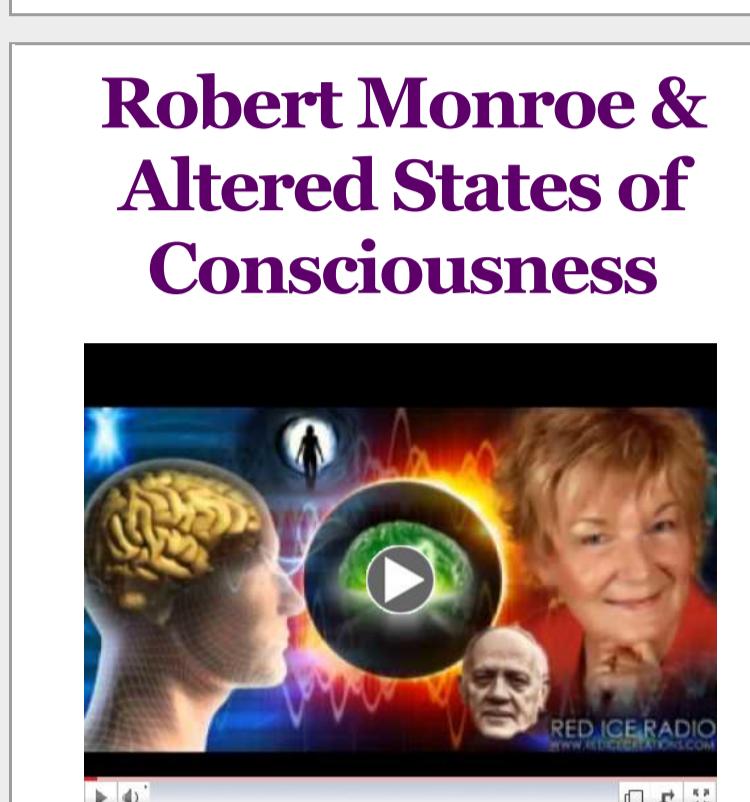
[Getting to Know Her](#)

[Carol's Memorial Scheduled](#)

[Remembering Carol](#)

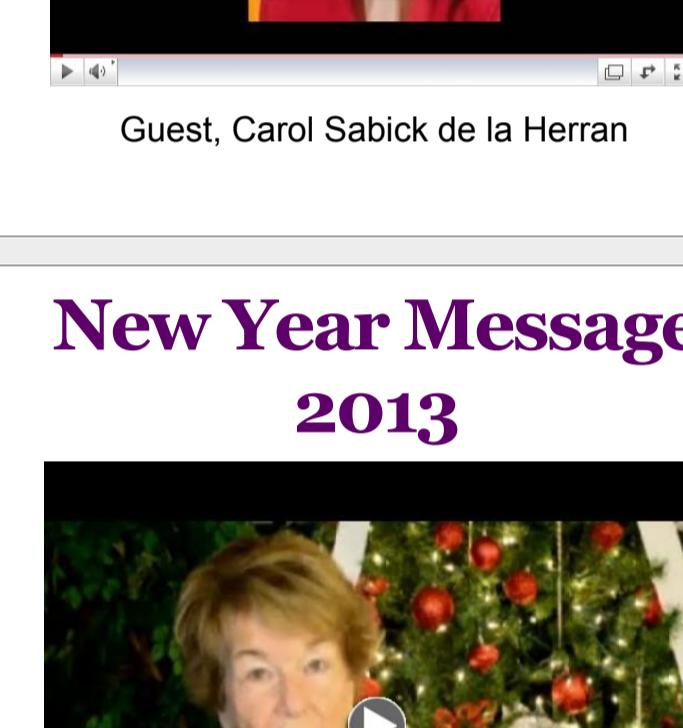
[LCN Council tribute](#)

### In Europe Carol tells her story, explains TMI



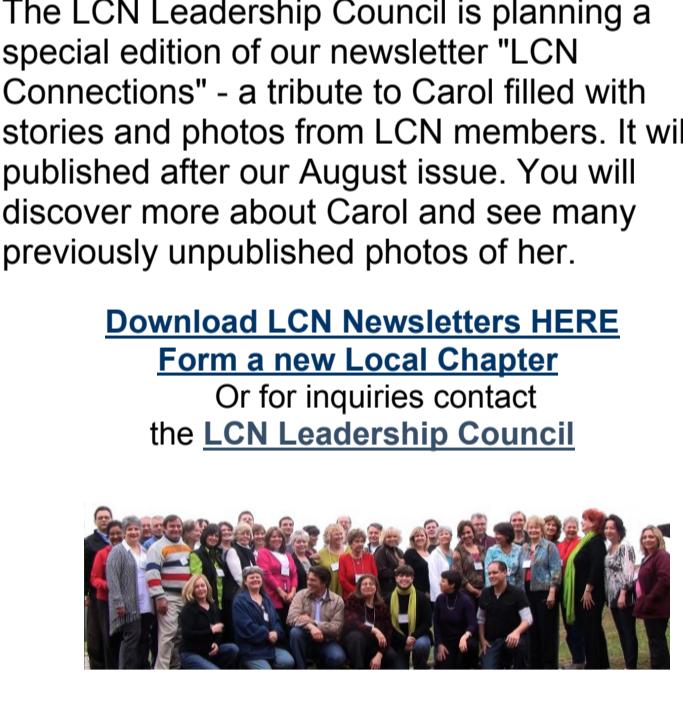
Torbjörn Sässesson interview: The Science of Out of Body Experiences. Part 1 of 5

### Robert Monroe & Altered States of Consciousness



Red Ice Radio - Carol de la Herran

### Conscious Living with Wendy Garrett



Guest, Carol Sabick de la Herran

### New Year Message 2013



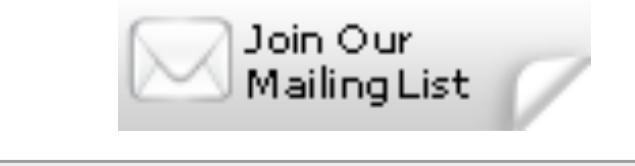
### Local Chapter Network "volunteering our time to help you connect"

The LCN Leadership Council is planning a special edition of our newsletter "LCN Connections" - a tribute to Carol filled with stories and photos from LCN members. It will be published after our August issue. You will discover more about Carol and see many previously unpublished photos of her.

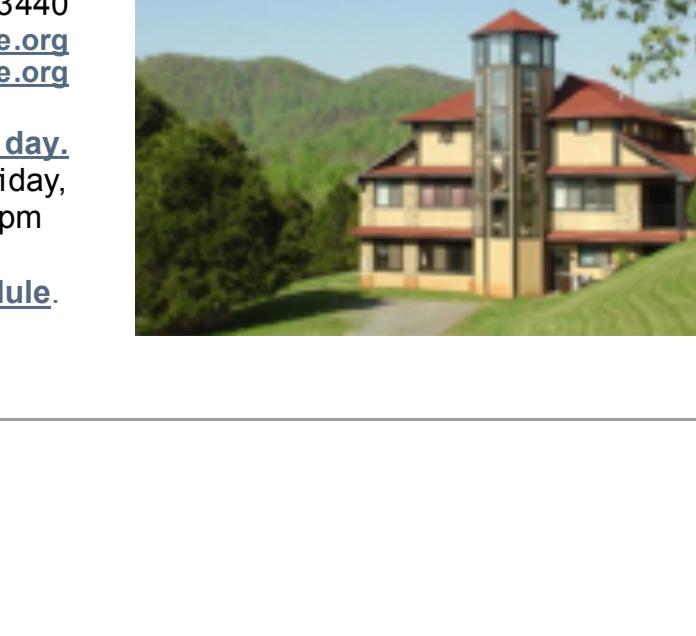
[Download LCN Newsletters HERE](#)

[Form a new Local Chapter](#)

Or for inquiries contact the [LCN Leadership Council](#)



### Message of Thanks 2012



### State of TMI Address 2012



"The State of The Monroe Institute at the 2012 Professional Seminar

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9:00 am - 5:00 pm

[Our program schedule.](#)

